



**DISTANCE EDUCATION**  
A Distance Edu College

**PH-9176464748**

**UNIVERSITY OF MADRAS  
INSTITUTE OF DISTANCE EDUCATION**

**DIPLOMA COURSE IN NATUROPATHY AND YOGIC SCIENCES (NON CLINICAL)**

<b>Paper</b>	<b>Subject</b>	<b>Duration (in hours)</b>	<b>Maximum Marks</b>	<b>Passing Minimum Marks</b>	<b>Credits</b>
I	Principles of Yoga and Naturopathy	3	100	40	5
II	Basic Anatomy and Physiology	3	100	40	5
III	Methods of Yoga Practices and Naturopathy	3	100	40	5
IV	Practicals (Asanas and Pranayama)	3	100	40	5
Personal Contact Programme Classes [PCP] : 10 DAYS COMPULSORY					